**LLP/ERASMUS+ TRAINEESHIP**

**SUGGESTIONS FOR RESEARCHING HOST INSTITUTIONS**

**1. Use appropriate search enginges.** For optimal results it is best to keep in mind:

- use the google site of the country where you would like to go (example: for Spain use www.google.es)

**2. Eures Network (Rete Eures): ec.europa.eu/eures**

> choose the language

European portal for professional mobility that provides useful information as well as the support of a Eures consultant, to whom students may ask questions regarding an apprenticeship abroad in their appropriate fields of training.

**3. Directly ask the faculty** of your course of study at the Università degli Studi di Siena if they possibly have contacts in another European University or business.

**4. Ask for a list** of past organizations that have previously hosted Erasmus interns from the International Relations Department (erasmus.out@unisi.it).

**5.** **Use personal contacts,** if they have previously benefitted from an Erasmus scholarship.

**6.** It is possible to look for companies by contacting the **Italian Chambers of Commerce** **(Camere di commercio italiane)** in other countries: http://www.assocamerestero.it/camere/

**7.** **Websites that offer work abroad,** particularly those that can be useful to contact companies in search of traineeships:

Example: http://jobs.estudiant.be/Default.asp

**8.** **Traineeship offers in Europe**: [www.globalplacement.com](http://www.globalplacement.com)

An on-line business that offers services for free.

**9.** **For France**: <http://www.letudiant.fr/>

A French website with information and links for the humanities: [www.portail-humanitair.org](http://www.portail-humanitair.org)

**10.** **For Portugal**: http://www.euroyouth.org/ > come to Lisbon > internship possibilities

**11.** **For Great Britain and other countries**:

- http://www.placement-uk.com/pages/index.php

- http://www.placement-uk.com/ops/job-search.php

- http://www.intergrad.co.uk/ops/job-search.php

- English organization of 14 associations dedicated to the defense of human rights: ww.oxfam.org.uk

- English Charity with the aim to provide volunteer opportunities: www.volunteering.org.uk

- Professional association specifically for law (Great Britain): http://www.lawsociety.org.uk/home.law

**12.** **For Spain**:

- Spanish Confederation of entrepreneurial organizations: http://www.ceoe.es

- Spanish site with may placements in NGOs (Non Governmental Organizations) throughout the world: www.veyactua.org

- Association of Entrepeneurs of Turism and Commerce in the community of Valenciana: www.aetcv.es, comunicacion@ehtvalencia.com

- Another Spanish site for entrepreneurs: http://www.azcarreras.com/practic/practicas00.asp

**13.** **European Business Confederation**: http://www.businesseurope.eu

**14.** **Other Useful Links** can be found below:

- EACEA: http://ec.europa.eu/youreurope/citizens/education/traineeships/index\_it.htm

- EUROPEAN YOUTH PORTAL: Http://europa.eu/youth/working/traineeships/index\_eu\_it.html

- EUROCULTURA: http://www.eurocultura.it/index.php?option=com\_content&task=view&id=232&Itemid=265

- EAEC:http://www.eaec.eu.com/index.php?id=29

- INTERNATIONAL AND MOBILITY AGENCY:

http://www.lifelonglearning.info/cgi-in/masteremp.pl?accion=pralum1&qago=new